

Giorgio®

D'Lightful

GIORGIO MUSHROOMS. A D'LIGHTFUL WAY TO GET 100% RDA OF VITAMIN D.

Research has shown that many people do not get a sufficient amount of Vitamin D in their diet. According to the US Food and Drug Administration a lack of Vitamin D can lead to chronic pain, weak bones, or infections if the deficiency is not corrected. Higher intake of Vitamin D may also reduce the risk of osteoporosis. Thus Vitamin D is an essential vitamin in our daily diet, allowing the body to absorb calcium to build and maintain strong bones.

THE BENEFITS OF VITAMIN D ARE D'LIGHTFUL

Giorgio's fresh D'Lightful Portabella Caps and Portabella Sliced are nutritious, naturally fat-free, cholesterol-free and low in calories and sodium. But what makes them even more appealing is that they also contain 100% of the Daily Value of Vitamin D. **In fact, mushrooms are the only product in the produce aisle that provides 100% of the RDA of Vitamin D.**

ARE YOU GETTING ENOUGH VITAMIN D?

Giorgio's Vitamin D enhanced mushrooms are treated in artificial sunlight to enhance the already naturally occurring Vitamin D found in mushrooms. With this proven treatment, Giorgio's D'Lightful mushrooms provide 100% of the Recommended Daily Allowance of Vitamin D.



America's Favorite Mushroom

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